

Additional Content in the form of a Sponsored Symposium by Bayer on Contraception in women with type 2 diabetes

Diabetes Update 2019: Type 2 Diabetes as Cardiovascular Risk

A Cased Focused Workshop: Assessing Risk; Appropriate Intervention; Effective Communication

All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for
4 hours CPD**

Saturday 6th July 2019

**The H Suite Edgbaston
100 Icknield Port Road, Edgbaston,
Birmingham B16 0AA**

Introducing your speaker

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE
Clinical Lecturer - Diabetes / Diabetes Specialist Nurse

Paul Dromgoole is well known nationally for his diabetes educational work and his sessions are consistently very highly evaluated by attendees.

Meet the Speaker ...

Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE

Paul has over 20 years' experience in diabetes management in Primary Care and Secondary Care Settings in Brighton, Leicester and York and more recently worked as a half-time Lecturer Practitioner in Diabetes at the University of York and an External Examiner for the University of Ulster.

He has extensive experience of supporting General Practice in clinical decision making and best practice in diabetes management and his teaching sessions and workshops are consistently highly evaluated for their clinical content, delivery and application to 'real-life' clinical practice.

Paul now combines a 2 day a week role as Clinical Nurse Specialist in Diabetes, with freelance Lecturing work throughout the UK.

Outside of work he is a keen Scuba Diver and PADI Dive Instructor and now proud owner of a classic 1947 BSA Motorcycle!



Paula Briggs MRCGP, FFSRH

Paula Briggs is a Consultant in Sexual and Reproductive Health for Southport and Ormskirk Hospital NHS Trust. Paula qualified from Glasgow University in 1987.

She trained as a GP before moving to Liverpool in 1993. She continued with both general practice and sexual health until recently.

In the few years she has devoted herself to the delivery of sexual health care, research and education in the field of women's health. She is the clinical lead for an integrated community sexual health service in Sefton.

She provides a Community Gynaecology Service for South Sefton CCG. She works as part of a team involving eight Consultant Gynaecologists, who support her community service. She leads the pregnancy advisory service for Southport and Ormskirk Hospital NHS Trust. She leads the menopause service for the Trust.

She has co-edited 3 books, co-written an undergraduate textbook in Obstetrics and Gynaecology and a revision guide for MFSRH and written a patient booklet on menopause.

She is married with four children and enjoys running, golf, reading and cooking.



Your Learning Agenda ...

Aims

To provide delegates with increased awareness of Type 2 Diabetes as a Cardiovascular (CV) Disease; assessing CV risk; reviewing current glucose lowering therapies and interventions and considering tools that may help convey to patient both CV risk and benefits of intervention.

We will review the most recent evidence around our currently available glucose lowering therapies in respect of CV profile and consider benefits of individualised and combination therapies to optimise patient outcomes.

Learning Outcomes

Following this session, delegates will be able to:


- ▶ Describe a clearer understanding of current glucose lowering therapies, pro's and con's of each therapy and increased awareness of and confidence in decision making around the next most appropriate intervention.
- ▶ Detail the latest evidence supporting glucose lowering therapy use, particularly in respect of CV profile.
- ▶ Consider the potential benefit of composite CV endpoints and targeting in diabetes.
- ▶ More confidently present patients with appropriate treatment options for glucose lowering.
- ▶ Employ a range of behavioural, motivational strategies that may help patients arrive at a helpful risk / benefit appraisal and be more willing to accept intervention.

Clinical Outcomes

It is anticipated that that following this session, delegates will achieve:

- ▶ Be better able to discuss with patients, the vascular nature of their diabetes, risk and benefits of intervention.
- ▶ By appropriate use of glucose lowering and other CV protective agents, to help achieve composite CV targets and so improve patient cardiovascular outcomes.

Programme ...

8.45-9.15am	Registration, Coffee and Exhibition
9.15-10.00am	Sponsored Symposium: Contraception in women with type 2 diabetes : Dr Paula Briggs Consultant in Sexual & Reproductive Health Southport and Ormskirk Hospital NHS Trust
	 This promotional symposium is part of the Women's Health Matters Educational Programme that is organised and fully funded by Bayer PLC
10.00 - 11.30am	Diabetes Management - Part 1 <ul style="list-style-type: none"> • 'What's New?' • Review of the ADA / EASD 2018 Type 2 Diabetes Guidance • Overview of the Glucose Lowering Therapies and Consideration of CV benefit or Risk
11.30 - 12.00am	Coffee, Biscuits and Exhibition
12.00 - 1.30pm	Diabetes Management - Part 2 <ul style="list-style-type: none"> • Cases: Assessing Risk; Appropriate Intervention; Effective Communication
1.30pm	Meeting closes

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