

Menopause Study Morning

Saturday 30th November 2019

Jurys Inn Middlesbrough
Fry Street, Middlesbrough TS1 1JH

Introducing your speaker

Kathy Abernethy

Senior Nurse Specialist

Menopause Clinical and Research Unit
Northwick Park Hospital, Harrow

All Delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

Course Accredited for
3 hours CPD

Meet the Speaker ...

Kathy Abernethy

Kathy is Chairman of the British Menopause Society and works in a busy NHS Service, as part of an award winning menopause team with a multidisciplinary approach to Menopausal care.

She has a Masters in Community Gynaecology and Reproductive Women's Health and as a prescriber, her consultations are independent and holistic. She aims to inform women about the Menopause and enable women to make confident therapy choices.

Kathy is an enthusiast for Menopause education and regularly teaches health professionals of all disciplines on Menopause and its management.

She is director of "the Menopause Course" an educational initiative specifically for nurses and author of the book for women 'Menopause: The One-Stop Guide'.



PRACTICE DIRECTORY AND

FREE CLASSIFIED ADVERTISING SERVICE

- Directory of Products and Services for GP Practices
- Free Service for GP Locums and Practices
- Free Practice Classified Ads



Your Learning Agenda ...

- ▶ Menopause Assessment - what is normal?
- ▶ Impact of menopause on health
- ▶ HRT Update on benefits and risks
- ▶ Alternative therapy choices - what is the evidence?
- ▶ Practical Prescribing - which HRT for which women?
- ▶ Review of NICE Guidelines
- ▶ Discussion and questions

Programme ...

9.00 - 9.30am	Registration, Coffee & Exhibition
9.30 - 11.00am	Session 1 Assessment, diagnosis, impact on women
11.00 - 11.30am	Coffee, Biscuits & Exhibition
11.30 - 1.00pm	Session 2 Treatment choices - HRT and non HRT, practical prescribing issues
1.00pm	Conference Closes

Book online at www.mediconf.co.uk • We do not take bookings over the phone

Please note that all confirmations will be sent to you via email ONLY acknowledging your place, candidate registration number and other essential information.

Mediconf do not release delegate emails to 3rd parties. Occasionally we may use email addresses to inform you of future events or services provided by our supporting organisations. Facilities are available for you to unsubscribe to this at any time.

The data collected on this form is used to process your booking request. For more information, please refer to our privacy policy which can be found at www.mediconf.co.uk where you may also find further information about processing of personal data and your rights. If you need any further information please contact the Data Processing Manager: Janet Poyner E. janet@mediconf.co.uk

For a full list of our booking terms and conditions please visit our website: www.mediconf.co.uk

IF YOU DO NOT RECEIVE YOUR CONFIRMATION WITHIN 48 HOURS please contact the office

**MediConf UK Ltd | 19 Wood Street | Lytham St Annes | Lancashire | FY8 1QR
 T. 01253 712894 | W. www.mediconf.co.uk | E. rebecca@mediconf.co.uk**