

Heavily Subsidised Study Morning for GPs and Practice Nurses only £30 inc VAT

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Menopause Study Morning

All Delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

Course Accredited for 3 hours CPD

Saturday 30th November 2019

Jurys Inn Middlesbrough Fry Street, Middlesbrough TS1 1JH

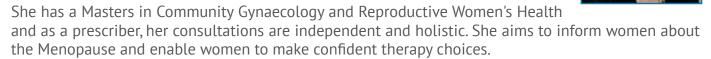
Introducing your speaker

Kathy Abernethy Senior Nurse Specialist Menopause Clinical and Research Unit Northwick Park Hospital, Harrow

Meet the Speaker ...

Kathy Abernethy

Kathy is Chairman of the British Menopause Society and works in a busy NHS Service, as part of an award winning menopause team with a multidisciplinary approach to Menopausal care.



Kathy is an enthusiast for Menopause education and regularly teaches health professionals of all disciplines on Menopause and its management.

She is director of "the Menopause Course" an educational initiative specifically for nurses and author of the book for women 'Menopause: The One-Stop Guide'.



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COURSE CODE 1201

Your Learning Agenda ...

- Menopause Assessment what is normal?
- ▶ Impact of menopause on health
- ► HRT Update on benefits and risks
- ► Alternative therapy choices what is the evidence?
- Practical Prescribing which HRT for which women?
- Review of NICE Guidelines
- Discussion and questions

Programme ...

9.00 - 9.30am	Registration, Coffee & Exhibition
9.30 - 11.00am	Session 1 Assessment, diagnosis, impact on women
11.00 - 11.30am	Coffee, Biscuits & Exhibition
11.30 - 1.00pm	Session 2 Treatment choices - HRT and non HRT, practical prescribing issues
1.00pm	Conference Closes

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