

Additional Content in the form of a Sponsored Symposium by Bayer on Testosterone Deficiency in Men with Type 2 Diabetes

## Diabetes Update 2019: Type 2 Diabetes as Cardiovascular Risk

A Cased Focused Workshop:  
Assessing Risk; Appropriate Intervention; Effective Communication

### Saturday 15th June 2019

**Crowne Plaza Belfast**

**117 Miltown Road, Shaw's Bridge, Belfast BT8 7XP**

Introducing your speaker

**Mr Paul Dromgoole** RGN, RNMH, MSc Diabetes, PGCE  
Clinical Lecturer - Diabetes / Diabetes Specialist Nurse

Paul Dromgoole is well known nationally for his diabetes educational work and his sessions are consistently very highly evaluated by attendees.

#### All delegates will receive

- A set of lecture notes available for download for delegates' personal use
- A certificate for your appraisal portfolio

**Course Accredited for  
4 hours CPD**

### Meet the Speakers ...

#### Mr Paul Dromgoole RGN, RNMH, MSc Diabetes, PGCE

Paul has over 20 years' experience in diabetes management in Primary Care and Secondary Care Settings in Brighton, Leicester and York and more recently worked as a half-time Lecturer Practitioner in Diabetes at the University of York and an External Examiner for the University of Ulster.

He has extensive experience of supporting General Practice in clinical decision making and best practice in diabetes management and his teaching sessions and workshops are consistently highly evaluated for their clinical content, delivery and application to 'real-life' clinical practice.

Paul now combines a 2 day a week role as Clinical Nurse Specialist in Diabetes, with freelance Lecturing work throughout the UK.

Outside of work he is a keen Scuba Diver and PADI Dive Instructor and now proud owner of a classic 1947 BSA Motorcycle!



#### Professor Geoff Hackett

Geoff Hackett is past professor of Men's Health and Diabetes at University of Bedfordshire, and a Consultant in Urology and Sexual Medicine at Good Hope Hospital, Birmingham, UK, since 1994. He qualified in medicine in 1974 at King's College Hospital, London, UK, and gained his MD from Keele University, UK, in 2000 on the links between erectile dysfunction (ED) and cardiovascular disease. He has 35 years' experience as a primary care physician.

Professor Hackett has a major research interest in the role of testosterone in metabolic syndrome and type 2 diabetes and Low Sexual Desire in Women. He is the author of over 130 publications in sexual medicine, and 2 original books on male sexual health and andrology, as well as contributing chapters to several medical textbooks. He is lead author of the British Society for Sexual Medicine (BSSM) guidelines on ED, and the use of testosterone therapy to manage sexual problems in men and women, co-author of the consensus guidelines on ED and coronary artery disease prediction, Princeton 3 guidelines. Oxford Textbook of Urology, and a panel member for the International Society for Sexual Medicine (ISSM) guidelines on premature ejaculation. In 2012, he won the Zornotti-Newman research prize at ISSM for work on testosterone replacement in type 2 diabetes. Professor Hackett is past-President (2005-07) and Treasurer of the BSSM (2009-2014) and is currently the treasurer for ESSM. He is a past member of the scientific committees of the International Society for Sexual Medicine, and a Chair of the 2015 International Consensus Panel in Sexual Medicine.

He passed the examination for the Fellowship of the European Academy of Sexual Medicine and is a current examiner for the fellowship exam and a member of the executive committee of the European Society for Sexual Medicine.



## Your Learning Agenda ...

### Aims

To provide delegates with increased awareness of Type 2 Diabetes as a Cardiovascular (CV) Disease; assessing CV risk; reviewing current glucose lowering therapies and interventions and considering tools that may help convey to patient both CV risk and benefits of intervention.

We will review the most recent evidence around our currently available glucose lowering therapies in respect of CV profile and consider benefits of individualised and combination therapies to optimise patient outcomes.

### Learning Outcomes

Following this session, delegates will be able to:

- ▶ Describe a clearer understanding of current glucose lowering therapies, pro's and con's of each therapy and increased awareness of and confidence in decision making around the next most appropriate intervention.
- ▶ Detail the latest evidence supporting glucose lowering therapy use, particularly in respect of CV profile.
- ▶ Consider the potential benefit of composite CV endpoints and targeting in diabetes.
- ▶ More confidently present patients with appropriate treatment options for glucose lowering.
- ▶ Employ a range of behavioural, motivational strategies that may help patients arrive at a helpful risk / benefit appraisal and be more willing to accept intervention.

### Clinical Outcomes

It is anticipated that that following this session, delegates will achieve:

- ▶ Be better able to discuss with patients, the vascular nature of their diabetes, risk and benefits of intervention.
- ▶ By appropriate use of glucose lowering and other CV protective agents, to help achieve composite CV targets and so improve patient cardiovascular outcomes.

## Programme ...

8.45-9.15am Registration, Coffee and Exhibition

9.15-10.00am **Professor Geoff Hackett - Testosterone deficiency (TD) in men with type II diabetes - an underestimated link!** Highlighting the importance and the benefits of managing hypogonadism with testosterone replacement therapy (TRT) in this patient group



This promotional symposium is part of the Men's Health Matters Educational Programme that is organised and fully funded by Bayer.

10.00 - 11.30am **Diabetes Management - Part 1**

- 'What's New?' • Review of the ADA / EASD 2018 Type 2 Diabetes Guidance
- Overview of the Glucose Lowering Therapies and Consideration of CV benefit or Risk

11.30 - 12.00am **Coffee, Biscuits and Exhibition**

12.00 - 1.30pm **Diabetes Management - Part 2**

- Cases: Assessing Risk; Appropriate Intervention; Effective Communication

1.30pm

Meeting closes

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